

ORIGINAL ARTICLE

E-cadherin in gastric carcinomas: Relations with histological parameters and its prognostic value

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Summary

Purpose: Gastric cancer (GC) is still one of the most common malignancies with the majority of the tumors being diagnosed at advanced stage. The need for identification of prognostic and early detection biomarkers is thus compulsory. E-cadherin is one of the emerging biomarkers that is currently evaluated in the literature in the frame of epithelial-mesenchymal transition (EMT). Our aim was to study the expression of E-cadherin in the various histological subtypes of GC and to evaluate its prognostic value.

Methods: This historical cohort survey was performed on gastric tumors obtained from 66 (46 men and 20 women) patients with documented gastric adenocarcinoma who underwent total or partial gastrectomy and regional lymphadenectomy from 2003 till 2011. Features such as tumor size, depth of invasion, grade and histological subtype, lymphovascular space invasion and regional lymph nodes involvement were also evaluated. Immunohistochemistry (IHC) was used for assessing the expression of E-cadherin

with a semi-quantitative model.

Results: The correlation of E-cadherin tissue expression with patient overall survival (OS) or disease-free survival (DFS) was not statistically significant, as well as with gender, T stage, N stage, TNM stage, grade, positive lymph nodes ratio or lymphovascular invasion.

Conclusions: 73.0% of the evaluated tumors showed abnormal E-cadherin expression in IHC, but the correlation of E-cadherin tissue expression with patient OS or DFS was not statistically significant. Literature stands equivocal about the association between E-cadherin gene mutation, and histopathology and tumor invasiveness. Our results further strengthen the need of larger studies to fully elucidate the predictive role of E-cadherin in the natural history of GC.

Key words: E-cadherin, epithelial-mesenchymal transition, gastric adenocarcinoma, immunohistochemistry, survival

Introduction

Despite the emerging data that indicate a declining incidence and mortality, GC is still one of the most common malignancies in the world causing around 738,000 deaths worldwide [1]. Unfortunately the majority of these cancers at the time of diagnosis are at advanced stage and the treatment options are limited. Invasion and metastasis, the major causes of GC-related relapse

and death, greatly impede the treatment efficiency [2]. A better understanding of the mechanism contributing to GC initiation and progression is warranted with the hope to improve early diagnosis and treatment efficacy. Thus, the need for identification of prognostic and early detection biomarkers, possessing predictive value for survival of GC patients, is compulsory [3].

One of the emerging biomarkers that is currently evaluated in the literature is E-cadherin. E-cadherin gene is a tumor suppressing gene, expressing E-cadherin transmembrane glycoprotein, which plays a significant role in adhesion and differentiation of epithelial cells [4,5]. Mutation in E-cadherin gene may lead to dysfunction in cell adhesion and is correlated with more invasive and aggressive malignant behaviors [4,5] as it is associated with the prognosis of GC patients [6,7].

Literature has also focused on EMT, a process where epithelial cells are transformed into cells of mesenchymal phenotype, highly expressing invasive and migratory properties. Tumor microenvironment consisting of tumor stromal cells and growth factors, modulate cancer cell growth and regulate their malignant behavior via EMT induced by diverse intracellular signaling pathways which alter modes of transcription and translation that, in turn, could regulate malignant cell behavior directly and indirectly via modulating the microenvironment [8]. Detailed investigation into the role of EMT in GC could further drive our understanding of GC initiation, invasion and metastasis.

Since Oka et al. [9] initially reported that GC tissues exhibited heterogeneous E-cadherin expression patterns, the prognostic role of reduced E-cadherin expression has been widely explored, due to the observation that these findings had more and more clinical relevance. Although a large number of studies were performed on patients with GC, the prognostic value of E-cadherin for GC patients remains controversial, and numerous studies published in this field include a small number of cases. We thus conducted this study to evaluate the prognostic significance of E-cadherin expression in patients with GC. More specifically, the aim of this study was to investigate the association between alteration in E-cadherin expression and histopathological characteristics of gastric adenocarcinoma in patients who had undergone resection operations.

Methods

Participants

This historical cohort survey was performed on gastric tumors obtained from 66 patients (46 men and 20 women) with documented gastric adenocarcinoma who underwent total or partial gastrectomy and regional lymphadenectomy in the 3rd Department of Surgery, "Attikon" General Hospital, National and Kapodistrian University of Athens, Athens, Greece, in 2003-2011. Gastric tumors other than adenocarcinoma were not included in the study. The study was approved by the ethics

committee of "Attikon" General Hospital, National and Kapodistrian University of Athens, Athens, Greece. No patient had received neoadjuvant therapy (neither chemotherapy nor radiotherapy). Information about age and gender were obtained from the patient records. Histopathological characteristics of the tumor, such as depth of tumor invasion, grade, histological subtype according to Lauren classification, vascular, lymphatic and regional lymph nodes involvement were extracted from the pathology reports. TNM staging was performed according to the American Joint Committee on Cancer Staging Manual 7th edition. Tissue blocks were extracted from the surgical specimen and subjected to IHC.

All involved persons (subjects or legally authorized representatives) gave their informed consent (written or verbal, as appropriate) prior to study inclusion.

Immunohistochemistry

IHC was used for assessing the expression of E-cadherin. One 4- μ m-thick section was cut from 1 representative paraffin block of each case. The sections were floated onto salinized glass slides and dried out at 37°C overnight, and then kept in 60°C for 1 hr, before de-paraffinization in xylene and rehydration through graded ethanol. All sections were subjected to microwave heating at 850 W for 22 min in pH 6.0 citrate buffer and cooled in running water. Antibody used was E-cadherin clone CL NCH-38 (Dako, Poland), dilution 1:50 at room temperature. IHC staining was carried out using a HRP polymer detection envision method (Dako, EnVision+System, Poland). Diaminobenzidine (DAB) was used as chromogen and sections were counterstained with Harris' hematoxylin. Appropriate positive and negative controls omitting the primary antibodies were included with each slide run.

Evaluation of samples

Protein expression was assessed using the widely accepted HSCORE system. The HSCORE was calculated using the following equation: $HSCORE = \sum Pi(I)$ ($I = 0, 1, 2, 3$, $Pi = 0-100\%$), where I represents the staining intensity, i.e., 0=no staining, 1=weak staining, 2=moderate staining, and 3=strong staining, and Pi represents the percentage of stained cells with intensities varying from 0 to 100%. The final HSCORE varied from 0 to 300 and E-cadherin expression levels were classified as negative and positive with a cutoff value of 30 [10].

Statistics

Statistical analysis was carried out using R language and environment for statistical computing (<http://www.R-project.org>). To describe data, we used mean \pm standard deviation, median (range), frequency, whereas χ^2 test, Fisher's exact test, Student's or Welch's t-test and Wilcoxon rank-sum test were used, where appropriate, to compare results between groups. The Kaplan-Meier method was used to estimate the overall survival (OS) rate, and survival differences were ana-

Table 1. Clinicopathological patient characteristics and correlation with overall survival and disease-free survival (log-rank p value)

Characteristics	Age, years, mean (\pm SD)	Number of patients (%)	Overall survival p value	Disease-free survival p value
Gender			0.66	0.22
Male	70.5 (11.7)	46 (69.7)		
Female	70.2 (18.1)	20 (30.3)		
Overall	71.5 (13.8)	66 (100)		
Age, years			0.62	0.70
>70		36 (54.5)		
\leq 70		30 (45.5)		
Histological tumor location			0.01	0.98
Gastroesophageal junction		8 (12.1)		
Body		32 (48.5)		
Antrum		26 (39.4)		
pT *			<0.01	0.25
T1		11 (16.9)		
T2		8 (12.3)		
T3		19 (29.2)		
T4		27 (46.5)		
pN *			0.01	<0.01
N0		19 (29.2)		
N1		8 (12.3)		
N2		16 (24.6)		
N3		22 (33.8)		
Positive lymph node ratio*			<0.01	<0.01
Level of lymph node dissection*			0.02	0.20
D1		39 (60.0)		
D1+		18 (27.7)		
D2		8 (12.3)		
M*			0.01	0.24
M0		58 (87.9)		
M1		7 (12.1)		
Grade**			<0.01	0.47
1		2 (3.7)		
2		18 (32.7)		
3		35 (63.6)		
Stage*			<0.01	0.01
I		14 (21.5)		
II		13 (20.0)		
III		31 (47.7)		
IV		7 (10.8)		
Lauren classification***			0.07	0.81
Intestinal		27 (50.0)		
Diffuse		18 (33.3)		
Mixed		9 (16.7)		
Resection*			<0.01	0.88
R0		56 (86.2)		
R1		4 (6.2)		
R2		5 (7.7)		

* excluding 1 missing ** excluding 11 missing *** excluding 12 missing

lyzed using log-rank tests. P values < 0.05 were considered statistically significant.

Results

In the group of 66 patients with GC, men

outnumbered women with a male/female ratio of 2.3:1. The mean patient age was 71.5 \pm 13.8 years (range 27-96).

The median follow-up period was 59.1 months with a total of 65198 person-days included in the study. At the end of follow-up, 4 patients were lost

(6.1%), 15 (22.7%) were alive and 47 died, indicating a disease-specific mortality of 71.2% and an overall median survival of 32.6 months. The median censorship interval was 29.6 months.

As far as the location of the tumors is concerned, 32 lesions were found at the body of the stomach, 26 at the antrum and 8 at the gastroesophageal junction (Siewert III). Consequently, 2 patients underwent central gastrectomy, 43 underwent subtotal gastrectomy, and 21 underwent total gastrectomy.

Histologically, all GCs were adenocarcinomas. Tumor TNM stage, grade, resection status, Lauren histological subtype and extent of lymph node dissection are shown in Table 1.

Survival rates were negatively correlated with pT at diagnosis ($p < 0.01$), pN ($p = 0.01$), positive lymph node ratio ($p < 0.01$), M ($p < 0.01$), TNM stage ($p < 0.01$), grade ($p < 0.01$) and the absence of R0 resection ($p < 0.01$). DFS rates were affected by pN at diagnosis ($p < 0.01$), positive lymph node ratio ($p < 0.01$) and TNM stage ($p = 0.01$).

Immunohistochemistry data analysis

This study analyzed 63 surgical specimens; 3 specimens lacked immunohistochemical evaluation. Of those, 46 cases (73.0%) showed abnormal E-cadherin expression in IHC. The correlation of E-cadherin tissue expression with patient OS or DFS was not statistically significant, nor was it with gender, tumor T, N, grade, TNM stage, positive lymph node ratio or lymphovascular invasion (Table 2). However, there was a marginally decreased E-cadherin expression for the diffuse Lauren classification subtype (OR:0.72; $p = 0.09$) and a tendency for increased expression with older age (OR:1.01; $p = 0.13$), which did not reach statistical significance (Figure 1).

Discussion

E-cadherin is a transmembrane protein encoded by the CDH1 gene which is located on chromosome 16 (q 22.1) [4]. E-cadherin is a calcium-mediated membrane molecule which plays an important role in adhesion and differentiation of gastric epithelial cells, which is a very important protective mechanism against neoplasm transformation [5-7,11,12].

Generally, E-cadherin is highly expressed in well-differentiated cancers that maintain cell-cell adhesiveness and are less invasive while the expression of this molecule is reduced in poorly differentiated tumors that have lost their intercel-

Table 2. Association of E-cadherin positivity (>30) with patient clinicopathological characteristics, overall survival and disease-free survival (n=83)

Characteristics	p value
Gender	1.00
Age > 70	0.13
pT	0.99
pN	0.99
Grade	0.80
Stage	0.27
Lauren classification	0.09
Positive lymph node ratio	0.50
Lymphovascular invasion	0.70
Overall survival	0.65
Disease-free survival	0.88

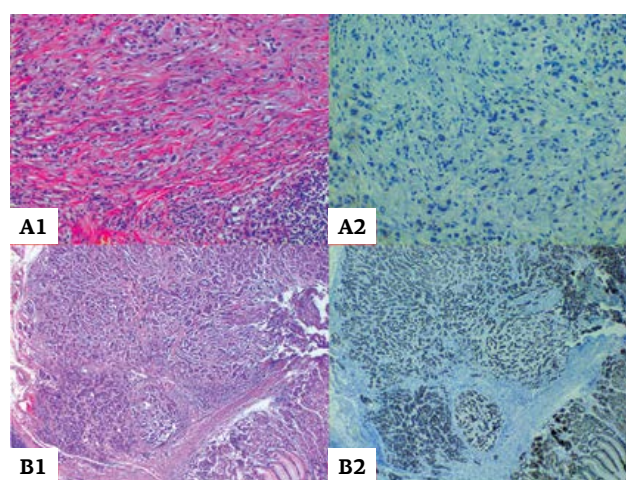


Figure 1. **A1:** H&E staining demonstrating diffuse type gastric carcinoma (x200); **A2:** Negative E-cadherin in gastric carcinoma tissue (x 200); **B1:** H&E staining in well differentiated intestinal type gastric carcinoma (x100); **B2:** positive E-cadherin expression in gastric carcinoma tissue (x100).

lular adhesion in parallel with the acquisition of high invasive potential [12,13]. In our study, 27% of the cases of GC showed negative E-cadherin expression in IHC. A similar study demonstrated a 38% rate of abnormal E-cadherin expression in IHC in GC patients [14].

This frequency among GC was reported to vary from 46 to 82% [13,15-17]. These differences may be related to the method of mutation assessment (E-cadherin expression by IHC or E-cadherin gene methylation or mutation). Low or absent E-cadherin expression is strongly involved in the pathogenesis of GC by several molecular mechanisms [11]. First, promoter hypermethylation is a mechanism of attenuating tumor suppressors and has been found to be significantly associated with decreased expression of E-cadherin in GC, es-

pecially in diffuse histological type [18]. Furthermore, somatic and germline mutations lead to low expression of E-cadherin in GC, especially also in diffuse histological type [19,20]. In addition, recent studies have shown that activation of E-cadherin transcriptional repressors, such as Snail and Slug [21], leads to downregulation of E-cadherin in GC [22,23]. Reduced or lost expression of a few microRNAs, including miR-200 family and miR-101, were also shown to inhibit E-cadherin expression through upregulating the expression of E-cadherin repressors [24,25]. Chan et al. [16] demonstrated that E-cadherin methylation was correlated with the depth of tumor invasion and nodal metastasis whereas Jawhari et al. [26] showed that E-cadherin mutation was associated with diffuse type cancer but not with tumor grade or stage. These molecular mechanisms result in the low-expression and dysfunction of E-cadherin, which further leads to development and progression of GC.

Analyzing the results of E-cadherin expression, we found positive immunoreactivity in 73% of GC, mainly in intestinal-type tumors (80.8%) compared with only 50% of the diffuse type tumors. Similarly, Czyzewska et al. [14] found positive immunoreactivity in 65% of GC, mainly in intestinal-type tumors (69.38%) compared with only 45% of the diffuse type tumors. They have also noted the negative staining in the remaining 30.61% of intestinal type carcinomas (all poorly differentiated tumors) and 54.54% of the diffuse type carcinomas [14]. In agreement with these results, similar studies reported variable decrease (between 17 and 92%) of E-cadherin expression in GC (compared with normal non-neoplastic gastric mucosa), mainly for poorly differentiated intestinal-type tumors and diffuse type carcinomas [6,27-30].

Literature stands equivocal about the association between E-cadherin expression, histopathology and tumor invasiveness. Our results showed that there was no statistically significant correlation between E-cadherin expression and tumor invasiveness (tumor grade, stage or regional lymph node involvement). On the other hand, Anbiaee et al. [31] showed a significant correlation between abnormal E-cadherin expression and high grade tumors, as well as with the number of regional lymph node involvement. In the same frame, Karayiannakis et al. [32] found a significant correlation of E-cadherin expression with tumor differentiation grade, location and lymph node involvement. Also Ohno et al. [33] reported that tumors with "abnormal" E-cadherin expression positively correlated with venous invasion and

lymph node metastasis. However, other researchers described lack of correlation between the E-cadherin expression and lymph node involvement [15]. No correlation was also found between E-cadherin expression and the lymphatic pathway of invasion or lymph node metastasis [27]. Finally, a recent study was confirmatory to our results, demonstrating that high E-cadherin expression was more frequently found in GC of intestinal type and well differentiated while poorly differentiated tumors and diffuse type carcinomas demonstrated a high rate of negative reactivity [13].

The striking finding of our study was that the expression of E-cadherin was not correlated with DFS. This finding is of interest since a recent meta-analysis revealed that reduced E-cadherin expression was significantly correlated with poor OS in GC patients [34]. Moreover, negativity of E-cadherin was significantly associated with TNM stage, the depth of invasion, lymph node metastasis, distant metastasis, grade of differentiation, vascular invasion and histological type of GC [34]. In the same frame were the results of another meta-analysis where a strong link was found between the reduced E-cadherin expression and poor 5-year OS [3]. In that study, the depth of invasion, lymph node spread, presence of distant metastasis and TNM stage seemed to demonstrate a significant prognostic role [3].

These results, though, should be approached with caution since the majority of the patients involved in these meta-analyses were of Asian origin. Moreover, there are diversities and discrepancies among studies since some of them evaluated E-cadherin methylation, others E-cadherin gene mutations and the rest evaluated E-cadherin HIC expression. The latter subcategory is even more diverse since there are many immunochemistry models published in the literature evaluating E-cadherin expression. New trials and meta-analyses in patients of European origin would be more helpful in evaluating the prognostic value of the results of studies such as ours.

Conclusions

In the current study, 73.0% of the evaluated tumors showed abnormal E-cadherin expression in IHC but the correlation of E-cadherin tissue expression with patient OS or DFS was not statistically significant, as well as with gender, tumor T, N, grade, TNM stage, positive lymph node ratio or lymphovascular invasion. Literature stands equivocal about the association between E-cadherin mutation, histopathology and tumor inva-

siveness. Our results further strengthen the need of larger studies to fully elucidate the predictive role of E-cadherin in the natural history of GC.

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Author contributions

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Schizas D, Machairas A and Liakakos T designed the study; Schizas D, Moris D, Kanavidis P and Michalinos A collected the patient's clinical data; Schizas D, Moris D Oikonomou D and Kanavidis P analyzed the data and wrote the paper; and Liakakos T and Machairas A supervised the manuscript.

Conflict of interests

The authors declare no conflict of interests.

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