

## ORIGINAL ARTICLE

# Antiproliferative activity of plumbagin (5-hydroxy-2-methyl-1,4-naphthoquinone) in human gastric carcinoma cells is facilitated via activation of autophagic pathway, mitochondrial-mediated programmed cell death and inhibition of cell migration and invasion

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## Summary

**Purpose:** Gastric cancer causes high mortality rates across the globe, mainly due to late diagnosis and the unavailability of effective chemotherapeutic agents. This study evaluated the anticancer potential of plumbagin against gastric cancer cells as well as its effects on autophagic and apoptotic pathways, cell migration and invasion.

**Methods:** MTT assay was used for cell viability assessment. Acridine orange (AO)/ethidium bromide (EB) and annexin V/propidium iodide (PI) staining were used for the detection of apoptosis. Autophagy was demonstrated by electron microscopy. Transwell assay was used for cell migration and invasion. Western blotting was used for the detection of protein expression.

**Results:** The results showed that plumbagin could considerably inhibit the proliferation of AGS gastric cancer cells

(IC<sub>50</sub>: 8 μM). The anticancer activity of plumbagin against AGS cells was found to be due to the induction of autophagy and apoptosis. Plumbagin-induced apoptosis and autophagy were also associated with alteration in apoptosis (Bax and Bcl-2) and autophagy (LC3I, II, and Beclin 1) - related protein expressions. The effects of plumbagin on the migration and invasion of AGS cells were also investigated by transwell assays and the results showed that plumbagin inhibited both the migration and invasion of AGS cells at IC<sub>50</sub>.

**Conclusions:** These results indicate that plumbagin significantly inhibits the growth of gastric cancer in vitro and could prove beneficial in the management of gastric cancer and needs further research including in vivo studies.

**Key words:** gastric carcinoma, plumbagin, apoptosis, autophagy, Bax

## Introduction

Gastric cancer accounts for high cancer-related mortality. In 2002 alone, gastric cancer caused 0.65 million deaths and 0.9 million new cases were detected [1,2]. It has been reported that gastric cancer incidence varies with geography; however, developing countries have comparatively higher

incidence [3,4]. Although recent reports show considerable improvement in the five-year survival, survival rates are still lower than in other cancers [5]. Lack of effective chemotherapeutic drugs and therapeutic targets hinders gastric cancer treatment [6]. Consequently, there is increasing drive

to identify new chemotherapeutic agents that could be utilized for the development of gastric cancer systemic therapy. Terrestrial plants have served as a great reservoir for drugs and continue to provide effective lead molecules for the development of anticancer agents via semi-synthetic approaches [7]. Plumbagin is an important chemical scaffold of plant origin. It has been shown to exhibit a wide diversity of bioactivities including anticancer, antibacterial and antifungal activities [8]. Plumbagin has been shown to halt the growth of non-small lung cancer cells via multiple mechanisms [9]. In breast cancer cells, plumbagin inhibits PI-5 kinase to induce its cytotoxic effects [10]. Plumbagin has been shown to cause apoptotic cell death of lung cancer cells [11]. In melanoma cells, plumbagin induces ROS-mediated apoptosis to suppress the proliferation of cancer cells [12]. In yet another study, plumbagin has been reported to induce mitochondrial apoptosis in breast cancer cells [13]. Although the anticancer effects of plumbagin have been studied against gastric cancer cells [14], the molecular mechanisms behind its anticancer effects on gastric cancer cells is yet to be fully explored. This study was therefore conducted in order to investigate the anticancer effects of plumbagin against gastric cancer cells and explore its underlying mechanism. The main aim of the current study was to investigate the antiproliferative potential of plumbagin (which is a naturally occurring naphthoquinone) in human gastric cancer cells along with evaluating its effects on cell autophagy, mitochondrial-mediated cell death, and cell migration and invasion.

## Methods

### Cell counting kit-8 (CCK-8) assay

AGS gastric cancer cells in each group were inoculated in a 96-well plate, subjected to treatment with plumbagin at various concentrations and the number of HL-60 cells was measured at each concentration. The procedures were as follows: the Dulbecco's Modified Eagle Medium (DMEM) culture medium was discarded and 100  $\mu$ L CCK-8 reagents (Beyotime Institute of Biotechnology (Shanghai, China) were added to a fresh DMEM medium. The 96-well plate was incubated in a carbon dioxide incubator for 2 h. The optical density (OD) values were measured by a microplate reader at 450 nm wavelength. The cell proliferation rate (%) was calculated as follows:  $\text{OD value of experimental well} - \text{OD value of control well} / \text{OD value of control well} \times 100\%$ .

### AO/EB staining for apoptosis

AGS gastric cancer cells ( $0.6 \times 10^6$ ) were grown in 6-well plates. Following an incubation of around 12 h, HL-60 cells were subjected to plumbagin treatment for

24 h at 37°C. Next, 25  $\mu$ L cell cultures were put onto glass slides and stained with a solution (1  $\mu$ L) of AO and EB. The slides were cover-slipped and examined under a fluorescent microscope. Annexin V/PI staining was performed as described previously [15].

### Cell migration and invasion assay

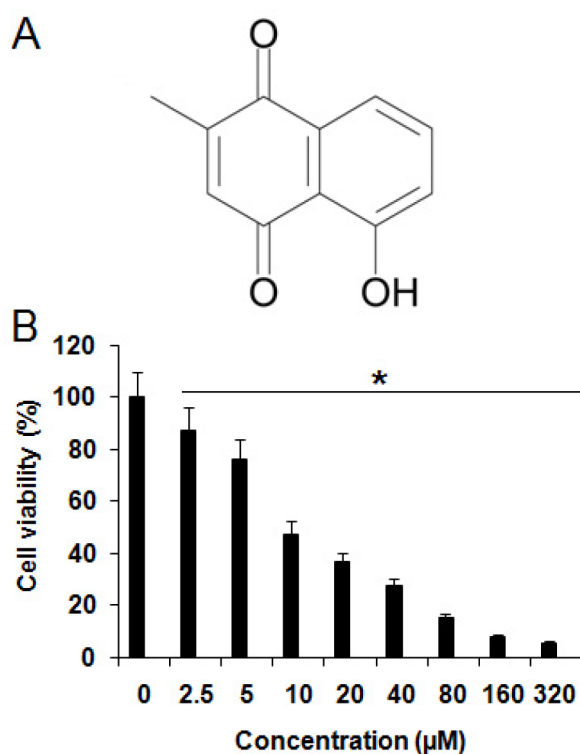
The migration and invasion abilities of AGS cells were examined by transwell chamber assay. Briefly,  $1 \times 10^4$  HL-60 cells were kept in the upper chamber with transwells of 8  $\mu$ M pores. RPIM medium was placed in the lower chamber and incubated for 24 h at 37°C. Extracellular matrix gel was used for cell invasion assay. The non-migrated and non-invaded cells were removed by swabbing. The cells that invaded and migrated to the lower side were fixed and stained by crystal violet and finally observed under microscope.

### Transmission electron microscopy (TEM)

For electron microscopy, AGS cells were fixed in the solution of 4% glutaraldehyde 0.05 M sodium cacodylate, postfixed in 1.5% OsO<sub>4</sub>, and dehydrated in alcohol. They were then prepared for flat embedding in Epon 812 and observed using a Zeiss CEM 902 electron microscope.

### Western blot analysis

Western blotting was performed to estimate the expression of the proteins of interest. The plumbagin-treated AGS cells were harvested with centrifugation.



**Figure 1. A:** Chemical structure of plumbagin. **B:** CCK-8 assay showing the effect of plumbagin on the viability of AGS gastric cancer cells. The experiments were performed in triplicate and shown as mean  $\pm$  SD (\* $p < 0.01$ ).

They were then lysed in lysis buffer containing the protease inhibitor. Around 45 µg of proteins from each sample were subjected to separation 10% and transferred to polyvinylidene difluoride (PVDF) membrane. Next, fat-free milk was used to block the membrane at room temperature for 1 h. Afterwards, the membranes were treated with primary antibodies at 4°C overnight. Subsequently, the membranes were subjected to incuba-

tion with secondary antibodies. Finally, the signal was detected by Odyssey Infrared Imaging System (LI-COR, USA). Actin was used as control for normalization.

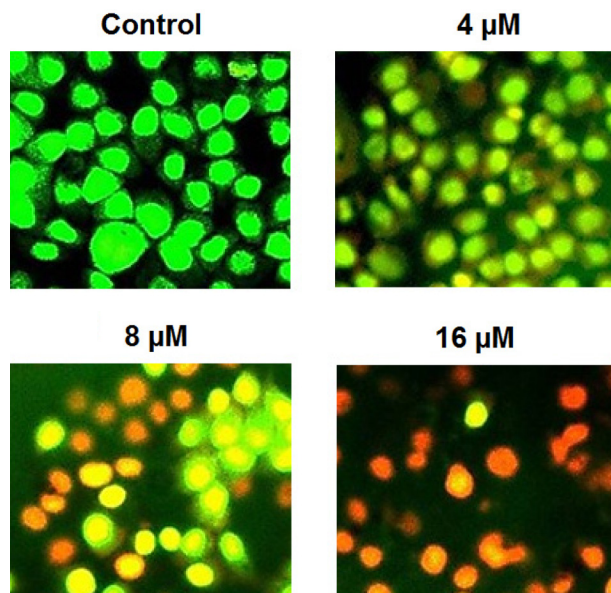
## Results

### *Plumbagin suppressed the growth of gastric cancer cells*

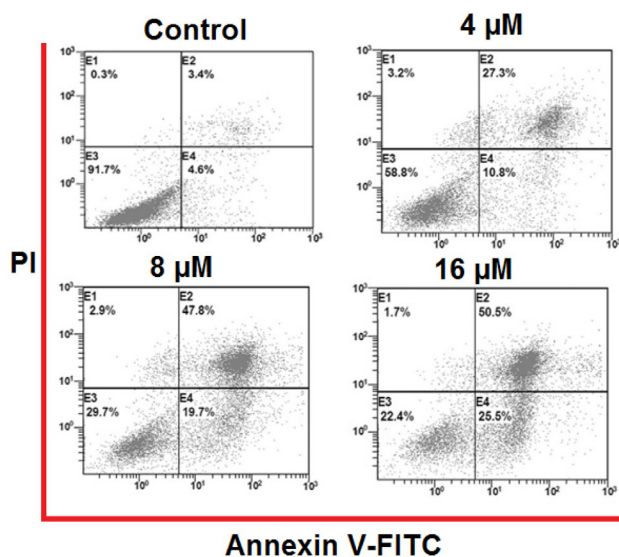
The CCK-8 assay was employed to investigate the growth inhibitory effects of plumbagin (Figure 1A) in AGS gastric cancer cells at concentrations ranging from 0 to 320 µM. It was revealed that plumbagin significantly suppressed the viability of AGS gastric cancer cells (Figure 1B). The IC<sub>50</sub> of plumbagin against AGS gastric cancer cells was found to be 8 µM. Moreover, the growth inhibitory effects of plumbagin on AGS gastric cancer cells were found to be concentration-dependent.

### *Plumbagin triggered apoptotic cell death of AGS gastric cancer cells*

Since plumbagin inhibited the growth of AGS gastric cancer cells and exhibited a very low IC<sub>50</sub> against them, we sought to ascertain the molecular mechanism behind it. Therefore, plumbagin-treated AGS cells were subjected to staining with AO/EB. The results showed that as the concentration of plumbagin increased, the number of orange colored cells increased, indicative of apoptosis (Figure 2). The annexin V/PI staining further confirmed that plumbagin induces apoptosis in AGS cells. The percentage of apoptotic AGS cells increased from 4.6 in control to 25.5% at 16 µM concentration of plumbagin (Figure 3). The effects of plumbagin on the expression of Bax and Bcl-2 were also examined and the results showed that plumbagin caused considerable increase in the expression of Bax. How-



**Figure 2.** AO/EB staining showing the induction of apoptosis in AGS gastric cancer cells at indicated concentrations of plumbagin. The experiments were performed in triplicate. The apoptotic cells emit yellow and orange fluorescence and the figure shows that the percentage of these apoptotic cells increased with increasing plumbagin dose.



**Figure 3.** Annexin V/PI staining showing the percentage of apoptotic AGS cells at indicated concentrations of plumbagin. The experiments were performed in triplicate. This assay was used to quantify the percentage of apoptotic cells. The percentage of apoptotic AGS cells increased from 4.6 in control to 25.5% at 16 µM concentration of plumbagin.



**Figure 4.** Effect of plumbagin on the expression of Bax and Bcl-2 as depicted by Western blot analysis. The experiments were performed in triplicate. Plumbagin led to increase in the expression of Bax and to decrease in the expression of Bcl-2 indicating that this molecule targets the apoptosis-related proteins within the cancer cells.

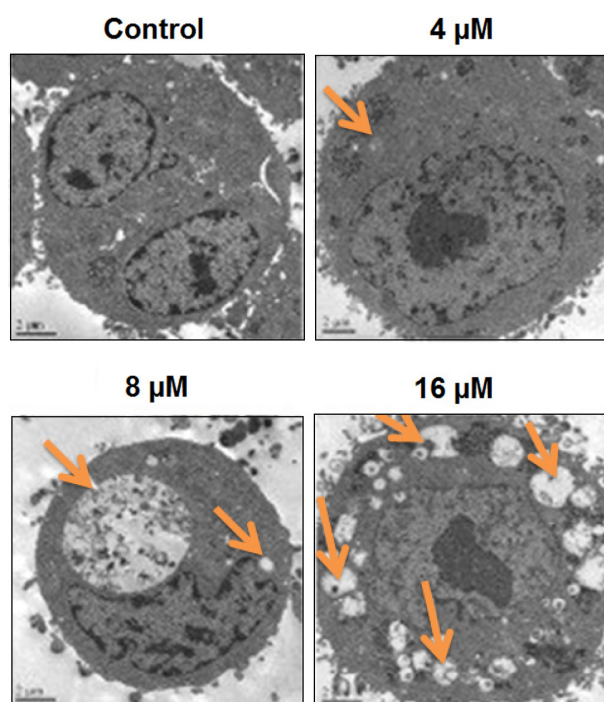


ever, plumbagin caused considerable decrease in the expression of Bcl-2 (Figure 4).

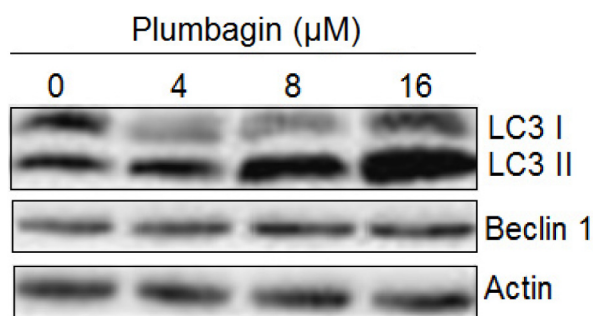
#### *Plumbagin caused autophagy in AGS gastric cancer cells*

The effects of plumbagin on AGS cells were also examined by electron microscopy. The results showed that plumbagin led to the development of autophagosomes in AGS gastric cancer cells concentration-dependently. These results suggested the induction of autophagic cell death in

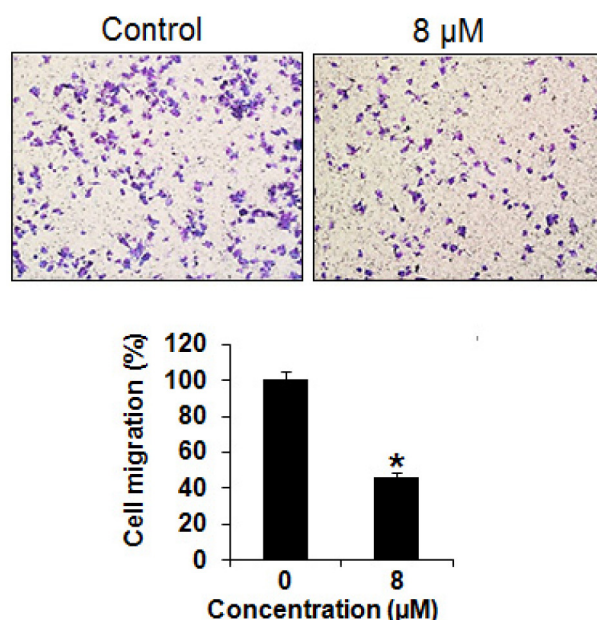
AGS gastric cancer cells. Autophagy was therefore confirmed by examining the expression of autophagy-related proteins by Western blotting. It was found that plumbagin caused considerable increase in the expression of LC3 II while no apparent effects were observed on the expression of LC3 I. Moreover, plumbagin also caused remarkable



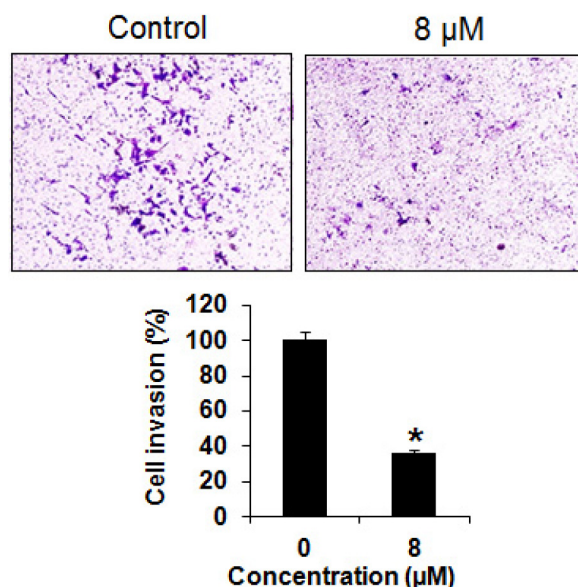
**Figure 5.** Electron microscopy analysis showed that plumbagin induces autophagy in AGS gastric cancer cells (Arrows depict autophagosomes). The experiments were performed in triplicate. Plumbagin treatment at increasing doses led to dose-dependent formation of autophagosomes indicating onset of autophagic cell death.



**Figure 6.** Effect of plumbagin on the expression of autophagy-related proteins. The experiments were performed in triplicate. Plumbagin treatment led to increase in the expression of LC3-I, LC3-II and Beclin-1 indicating that this molecule targets autophagy-related proteins.



**Figure 7.** Effect of plumbagin on the migration of AGS gastric cancer cells as depicted by transwell assay. The experiments were performed in triplicate and shown as mean  $\pm$  SD (\* $p < 0.01$ ). The figure shows that 8  $\mu$ M dose of plumbagin led to significant inhibition of cell migration.



**Figure 8.** Effect of plumbagin on the invasion of AGS gastric cancer cells as depicted by transwell assay. The figure shows that 8  $\mu$ M dose of plumbagin led to significant inhibition of cell invasion. The experiments were performed in triplicate and shown as mean  $\pm$  SD (\* $p < 0.01$ ).

and dose-dependent increase in the expression of Beclin-1.

#### *Plumbagin inhibited the migration and invasion of AGS cells*

The effects of plumbagin on the migration of AGS gastric cancer cells were monitored by transwell chamber assays. It was found that plumbagin treatment could considerably inhibit the migration of cancer cells in a dose-dependent manner (Figure 7).

#### *Plumbagin suppressed the invasion of AGS cells*

Transwell assay was also used to examine the effects of plumbagin on the invasion ability of AGS gastric cancer cells. The results showed that plumbagin treatment could significantly decrease the invasion ability of AGS gastric cancer cells (Figure 8).

## Discussion

Although there have been recent improvements in the overall survival rate of gastric cancer, it continues to cause very high mortality rates all over the world [16]. For instance, half of the cancer cases detected in East Asian countries are gastric cancers [17]. The currently used chemotherapy for gastric cancer has negative effects on patient health and effective therapeutic targets are lacking [17]. In this study, the anticancer effects of plumbagin were investigated against AGS gastric cancer cells and the results showed that plumbagin inhibited their growth and exhibited an  $IC_{50}$  of 8  $\mu$ m. The analysis of the underlying mechanism revealed that plumbagin induced apoptotic cell death of AGS gastric cancer cells, which was also accompanied by an increase in Bax and a decrease in Bcl-2 expression. Apoptosis is one of the important mechanisms by which anticancer agents stop the growth of cancer cells and it also prevents the

development of drug resistance [18]. Plumbagin has also been previously shown to induce apoptosis in cancer cells. For example, plumbagin induced apoptosis of HER2-overexpressing breast cancer cells [13]. Moreover, it has also been shown to induce apoptosis in promyelocytic leukemia cells [19]. Plumbagin also caused significant changes in the nuclear morphology of AGS cancer cells, as indicated by electron microscopy, and led to the development of autophagosomes, which are the hallmarks of autophagy [20]. The fact that plumbagin induced autophagy in AGS gastric cancer cells was further confirmed by Western blot analysis and the results, which showed that plumbagin increased the expression of LC3 II and Beclin 1. Nonetheless, the expression of LC3 I remained almost unaltered. Previous studies support our results as plumbagin has been reported to induce autophagy in breast cancer cells by targeting the AKT signaling pathway [20]. Moreover, the migration and invasion of cancer cells is considered imperative for cancer cell metastasis. Therefore, the anti-metastatic potential of plumbagin was examined by transwell and we observed that this molecule inhibited both the migration and invasion of cancer cells.

## Conclusion

The findings of the present study showed that plumbagin inhibits the growth of gastric cancer cells via induction of apoptosis and autophagy. Moreover, plumbagin could also inhibit the migration and invasion of gastric cancer cells, indicative of its significant anticancer potential.

## Conflict of interests

The authors declare no conflict of interests.

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