

## Preclinical evaluation of the homo-aza-steroid ester 13 $\beta$ -hydroxy-13 $\alpha$ -amino-13,17-seco-5 $\alpha$ -androstan-17-oic-13,17-lactam-p-bis(2-chloroethyl)aminophenoxy acetate for the treatment of malignant melanoma

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### Summary

**Purpose:** To investigate the in vitro and in vivo activity of an homo-aza-steroid alkylating ester, namely 13 $\beta$ -hydroxy-13 $\alpha$ -amino-13,17-seco-5 $\alpha$ -androstan-17-oic-13,17-lactam-p-bis(2-chloro ethyl) aminophenoxy acetate (HASE), in comparison with dacarbazine (DTIC) in the treatment of malignant melanoma.

**Materials and methods:** Cytotoxicity was assessed in vitro by the MTT assay using a panel of 6 malignant melanoma human cell lines, with or without the presence of rat liver microsome assay. B16 melanoma-bearing mice were used to evaluate in vivo the antitumor activity of the tested compounds.

**Results:** In all cases of in vitro screening, HASE dis-

played significantly higher ( $p < 0.0001$ ) cytostatic and cytotoxic activity than DTIC. Moreover, the antitumor activity of HASE in B16 melanoma-bearing mice was satisfactory, prolonging the mice lifespan at 67%, compared to 43% achieved by DTIC. Furthermore, HASE significantly inhibited the tumor growth (tumor growth rate: <42%) as this was defined by tumor volume and weight differences, presenting higher antitumor effect than DTIC.

**Conclusion:** HASE displayed superior in vitro and in vivo activity than DTIC in the treatment of melanoma. Thus, HASE may be considered as a significant candidate anticancer agent for further development.

**Key words:** B16 melanoma, dacarbazine, homo-aza-steroid ester, human cell lines, melanoma

### Introduction

The incidence of cutaneous melanoma is increasing faster than in any other tumour and the death rate from melanoma has doubled over the past 3 decades [1,2]. Advanced melanoma is associated with an extremely poor median survival of the order of 6-12 months [1,2]. Despite the availability of numerous che-

motherapeutic and biological agents, stage IV melanoma remains a rapidly fatal disease and chemotherapy is employed mostly with palliative intent. A few drugs have shown significant activity against melanoma. DTIC (Figure 1) is considered as the most active agent achieving, alone or in combination, complete or partial responses in approximately 20% of the patients [2]. Moreover, this is the only FDA-approved chemotherapeutic agent for the treatment of metastatic melanoma [2].

The evidence that the hybrid steroid compounds of anticancer agents produce reduced toxicity, significantly lower than their cytotoxic components do alone, and increased anticancer activity, prompted the designing and developing of such steroids, mostly alkylating esters. In this combination, steroid hormones function as carriers for transporting the alkylating agents to specific targeted tissue.

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The utilization of modified steroids, namely homo-aza-steroids, that contain  $-NH-CO-$  group inside the A or D steroid nucleus, as biological carriers for carboxylic derivatives of *N,N*-bis(2-chloroethyl) aniline led to the synthesis of highly active compounds against murine leukaemia [3-5] and rodent solid tumor systems including human xenografts [5-7]. Most of the unmodified steroid alkylating esters have been inactive in murine L1210 lymphoid and in P388 lymphocytic leukaemia, while the respective homo-aza-steroid esters gave excellent results in these leukaemia systems [8,9].

Among the tested steroid esters, HASE (Figure 1) produced excellent antitumour activity and very promising results [4]. In the present work we evaluated the effect of the homo-aza-steroid alkylator in question against malignant melanoma *in vitro* and

*in vivo*, and in comparison with the currently used anticancer agent DTIC.

## Materials and methods

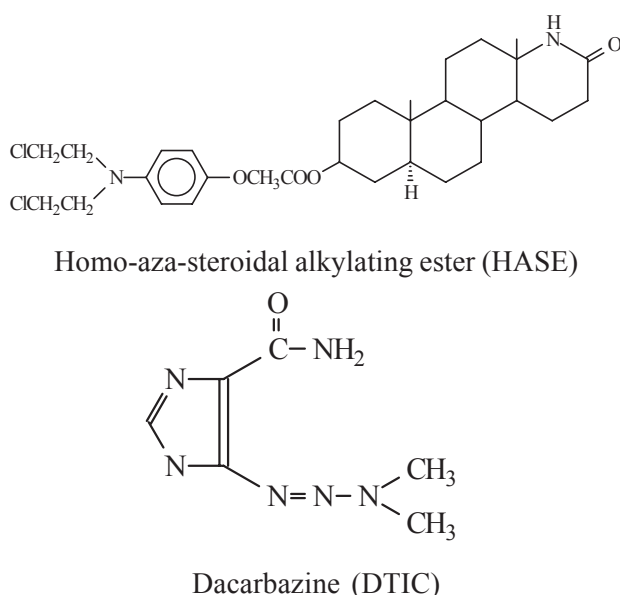
### Drug preparations

HASE was synthesized by previously described methods [10]. Stock solutions of the tested compounds were made immediately before use. HASE was initially dissolved in a small amount of 10% dimethyl sulfoxide (DMSO). Suspension in corn oil at the de-

sired concentration followed prior to subcutaneous (s.c.) administration to animals. DTIC (Aventis Pharma) was diluted in its appropriate solvent for intravenous (i.v.) use.

### *In vitro* testing

The cytostatic and cytotoxic effects of the compounds under investigation were estimated on 6 human malignant melanoma cell lines: GR-M (ECACC), A375 (ECACC), RPMI-7951 (ATCC), MALME-3M (ATCC), HMM-02 and HMM-06. The HMM-02 and HMM-06 are primary cell lines isolated by Arvanitis et al. [11] from pleural fluid of two Caucasian females, 25 and 36 year-old, respectively, with metastatic melanoma. These 2 cell lines were characterized immunophenotypically and karyotypically, and presented an epithelial morphology. The cells were cultured in a concentration of  $3 \times 10^4$  cells/ml in RPMI 1640 medium, supplemented with 10% FCS, 2 mM L-glutamine, 1% antibiotics (gentamycin plus penicillin), and the cultures were maintained for 72 h in a 5% CO<sub>2</sub> incubator. After 24 h, the cells were treated with 1-100  $\mu$ M of the tested compounds (HASE and DTIC) for 48 h. In addition, a set of cell cultures were treated with the tested drugs in the presence of 10% (v/v) of rat liver microsome assay (S9 fraction), in order to produce metabolic activation of the drugs to active species. The liver homogenate fraction S9 was obtained from male Wistar rats (200-250 g) that were injected with 500 mg/kg of Aroclor 1254, and prepared according to previously described methods [12,13]. The viability of the cultured cells was estimated by the MTT assay [14]. MTT (Sigma, USA) was dissolved in PBS in a concentration of 5 mg/ml, filter-sterilized and stored at 4° C. MTT (0.2 ml of stock solution) was added to each culture (per ml) and incubated for 3 h at 37° C to allow metabolization. Formazan crystals were solubilized by acidic isopropanol (0.04 N HCl in absolute isopropanol in a ratio 1:3 v/v). Absorbance of the converted dye was measured at a wavelength of 540 nm on an ELISA reader [12]. The mean concentrations of each drug that generated 50% or total (100%) growth inhibition (GI50 and TGI, respectively) as well as the drug concentrations that produced cytotoxicity against 50% of the cultured cells (IC50) were calculated by the linear regression method [13,15,16]. Using 7 absorbance measurements [time 24h (Ct24), control growth 72h (Ct72), and test growth in the presence of drug at 5 concentration levels (Tt72x)], the percentage of growth was calculated at each level of the drug concentrations. The percent growth inhibition was calculated as:  $[(Tt72x - Ct24)/(Ct72 - Ct24)]$



**Figure 1.** Chemical structures of the homo-aza-steroidal ester: 13 $\beta$ -hydroxy-13 $\alpha$ -amino-13,17-seco-5 $\alpha$ -androstane-17-*oic*-13,17-lactam-*p*-bis(2-chloroethyl)aminophenoxy acetate (HASE) and of dacarbazine: 5-(3,3-dimethyl-1-triazeno)-imidazole-4-carboxamide (DTIC).

$\times 100$  for concentrations for which  $Tt72x \geq Ct24$ , and  $[(Tt72x - Ct24)/Ct24] \times 100$  for concentrations for which  $Tt72x < Ct24$ . GI50 was calculated from  $[(Tt72x - Ct24)/(Ct72 - Ct24)] \times 100 = 50$ , TGI from  $[(Tt72x - Ct24)/(Ct72 - Ct24)] \times 100 = 0$  and IC50 from  $[(Tt72x - Ct24)/Ct24] \times 100 = 50$ . All the experiments were carried out in triplicate.

#### In vivo testing

Male and female DBA/2 and BDF1 (C57BLx DBA/2) mice, 6-9 weeks old, weighting 20-23g, were used for toxicity studies. A drug-insensitive tumor (melanoma B16) was utilized for antitumor testing.  $0.2 \times 10^6$  B16 melanoma cells were injected s.c. in C57 black mice (C57BL/6) as previously described [17]. Moreover, the maximum tolerated total dose (MTTD) of the evaluated drugs was determined on animals bearing B16 melanoma and on tumor-free animals.

The toxicity of the tested homo-aza-steroid ester and of DTIC was figured out on BDF1 mice (groups of 10 animals per dose). For each compound 5 different doses were chosen. The number of surviving animals was determined after 30 days. For chemotherapy testing the highest dose used was LD10/2 (LD10: lethal dose for 10% of the treated animals within 30 days). Drug treatment consisted of s.c. injections, and a number of different treatment schedules and dose intensities for DTIC and HASE, during days 6-12 after tumor inoculation, were tested. Control and each drug-treated group consisted of 8 mice. The treatment schedules 30 mg/kg DTIC on days 6, 9 and 12 and 20 mg/kg HASE on days 6, 9 and 12 after tumor inoculation, presented as most effective. The treatment started when the estimated tumor volume reached about  $40 \text{ mm}^3$  after tumor inoculation (day 6). The antitumor activity was assessed from the percent increase in median lifespan of the treated animals over the control [(T/C)%]. The minimum criterion for activity was considered a value of T/C > 125% according to the NCI requirements [18].

Furthermore, the antitumor activity was evaluated by comparing the tumor volume of the treated group with that of the control group. The tumor diameter was serially measured with vernier calipers and the tumor volume (V) was calculated as:  $V = 1/2 \times a \times b^2$  where a is the long axis and b the short axis (mm). The tumor wet weights of the treated (Tw) and control (Cw) groups were measured on the last day of each experiment and the percentage of tumor growth inhibition was calculated as follows: tumor growth rate (TGR)(%) =  $(Tw/Cw) \times 100$ , and tumor growth inhibition rate (TGIR)(%) =  $[1 - (Tw/Cw)] \times 100$ .

TGR  $\leq 42\%$  is considered as an indication of significant antitumor activity and is defined as sufficient activity for further development of a candidate drug by the Division of Cancer Treatment (NCI) [17].

Statistical significance levels on differences between drug-treated groups and control were determined by Student's t-test (two-tailed; two-sample with unequal variance).

The present study adhered to the "Principles of Laboratory Animal Care" according to the United Kingdom Coordinating Committee on Cancer Research (UKCCCR) guidelines [19,20].

## Results

#### In vitro activity

The results of the in vitro screening are presented in Table 1. HASE displayed a satisfactory activity against the 6 human melanoma cell lines with mean GI50:  $6.8 \mu\text{M}$ , TGI:  $23 \mu\text{M}$  and IC50:  $50 \mu\text{M}$ . The antiproliferative and cytotoxic effect of HASE was significantly ( $p < 0.0001$ ) superior than that of DTIC (mean GI50:  $30 \mu\text{M}$ , TGI:  $97 \mu\text{M}$  and IC50:  $> 100 \mu\text{M}$ ). Simultaneous treatment of cell lines with DTIC or HASE and S9 fraction induced significantly higher ( $p < 0.0001$ ) antiproliferative and cytotoxic effect, due to metabolic microsomal activation of the tested drugs into active species. In this latter case, HASE was also more effective than DTIC ( $p < 0.0001$ ) (HASE mean GI:  $5.1 \mu\text{M}$ , TGI:  $15.8 \mu\text{M}$ , IC50:  $32.6 \mu\text{M}$ ; and DTIC mean GI50:  $13.4 \mu\text{M}$ , TGI:  $36.3 \mu\text{M}$ , IC50:  $83.8 \mu\text{M}$ ). The sensitivity patterns of the cell lines treated with the tested drugs were somewhat similar, indicating a common molecular basis in the activity pattern of both compounds tested. RPMI-7951 cell line appeared as the most sensitive whereas MALME-3M as the most resistant one.

#### In vivo activity

In mice treated with DTIC and with HASE, the TGR and TGIR, when were calculated by tumor wet weights on day 20 after tumor transplantation were: TGR =  $58.1$  ( $p < 0.05$ ) and  $41.9\%$  ( $p < 0.01$ ), compared to controls, respectively; TGIR:  $41.9$  ( $p < 0.05$ ) and  $58.9\%$  ( $p < 0.01$ ), respectively (Table 2). The TGR and TGIR were also determined (including zeros) by tumor volumes on day 20 after tumor transplantation, and were TGR =  $55$  ( $p < 0.05$ ) and  $41.1\%$  ( $p < 0.01$ ); TGIR:  $45$  ( $p < 0.05$ ) and  $58.9\%$  ( $p < 0.01$ ) (Table 2, Figure 2).

**Table 1.** In vitro cytostatic and cytotoxic effects induced by HASE and DTIC, with or without the presence of rat liver microsomal assay (S9 fraction), expressed as: GI50 (drug mean concentration that generates 50% growth inhibition), TGI (drug mean concentration that produces total growth inhibition), IC50 (drug mean concentration that induces 50% cytotoxicity). Statistical significance levels on differences between drug-treated and untreated tumour cells (control) were determined by Student's t-test (two-tailed; two-sample with unequal variance). In all cases differences were significant for  $p < 0.001$

w/o S9 fraction	Cell lines					
	GR-M	A375	RPMI-7951	MALME-3M	HMM-02	HMM-06
HASE						
GI50 ( $\mu\text{M}$ )	4.7	8.1	3.2	14.3	6.6	3.9
TGI ( $\mu\text{M}$ )	17.1	27.3	13.4	42.3	23.5	14.8
IC50 ( $\mu\text{M}$ )	43.4	62.1	28.2	78.6	54.2	33.5
DTIC						
GI50 ( $\mu\text{M}$ )	27.3	36.9	14.6	45.6	33.6	22.1
TGI ( $\mu\text{M}$ )	98.6	>100	63.6	>100	>100	85.9
IC50 ( $\mu\text{M}$ )	>100	>100	>100	>100	>100	>100
plus S9 fraction						
HASE						
GI50 ( $\mu\text{M}$ )	3.1	6.8	2.5	10.7	4.8	2.7
TGI ( $\mu\text{M}$ )	8.5	17.9	9.9	30.8	17.9	9.6
IC50 ( $\mu\text{M}$ )	26.9	39.6	19.8	51.3	36.5	21.7
DTIC						
GI50 ( $\mu\text{M}$ )	11.6	14.6	7.4	26.9	10.6	9.1
TGI ( $\mu\text{M}$ )	31.2	38.4	22.1	62.4	36.8	26.9
IC50 ( $\mu\text{M}$ )	74.5	95.2	48.9	>100	85.6	61.3

After treatment with HASE, a significant increase in the lifespan of mice inoculated with B16 melanoma was registered compared to untreated mice (HASE T/C: 167%,  $p < 0.001$ ) (Figure 3). The mice treated with DTIC also demonstrated a significantly prolonged lifespan compared to control mice (T/C: 143%,  $p < 0.001$ ) (Figure 3). However, treatment with DTIC was less potent than treatment with HASE ( $p < 0.001$ ).

The mean survival of the control group was 28 days, of the group treated with DTIC (30 mg/kg on days 6,9,12) 39.97 days, and of the group treated with HASE (20 mg/kg on days 4,7,10) it was 46.8 days.

MTD of DTIC and HASE 5-day consecutive treatment in C57BL/6 mice bearing melanoma B16 250 mg/kg and 200 mg/kg, respectively. Moreover, acute toxicities as expressed by LD10 were 80 mg/

**Table 2.** In vivo antitumor activity against murine malignant melanoma B16 and toxic effects induced by HASE and DTIC in C57BL/6 mice

	Tumour wet weight (g) <sup>a</sup>	Tumour volume (mm <sup>3</sup> ) <sup>b</sup>	Animal weight difference (g) <sup>c</sup>	MTD (mg/kg) <sup>d</sup>	LD10 (mg/kg) <sup>e</sup>
Control	2.15	2350	0	–	–
DTIC	1.25*	1310*	-1.2	35	95
HASE	0.90**	990**	-1.5	25 / 30 <sup>f</sup>	80

a. Tumour wet weight was measured on day 20 after tumor inoculation. Statistical significance levels were determined by Student's t-test (two-tailed; two-sample with unequal variance; \* $p < 0.05$ , \*\* $p < 0.01$ ).

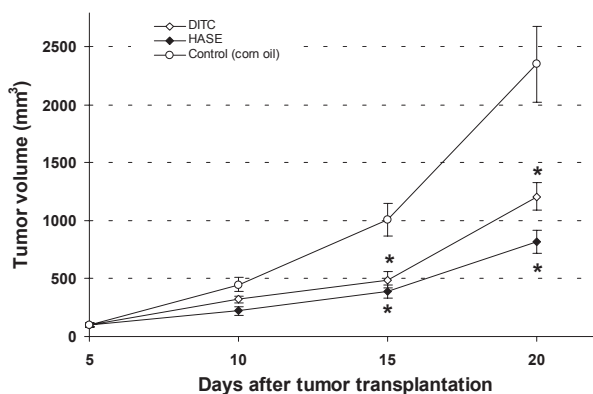
b. Tumour volume was measured on day 20 after tumour inoculation. Statistical significance levels were determined as in (a).

c. Average animal weight difference: weight on toxicity evaluation day (day 20) minus weight on day starting treatment (day 6) of test groups minus average weight change of control group. Statistical significance levels on differences between drug-treated groups and control were determined by Wilcoxon signed-rank test.

d. Maximum tolerated doses of DTIC and HASE in C57BL/6 mice bearing melanoma B16 or of HASE in normal mice (f) expressed as mg/kg for 5 days of consecutive treatment.

e. Lethal dose for 10% of treated animals within 30 days.



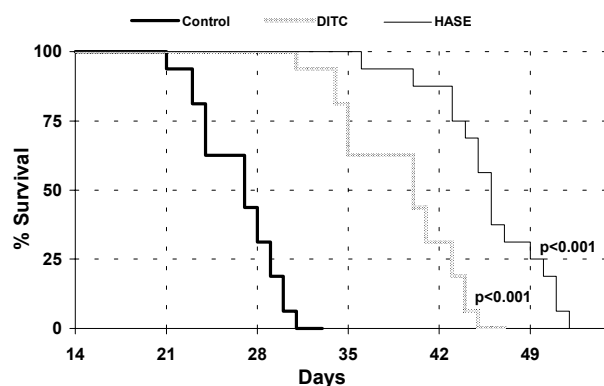


**Figure 2.** Tumour volume changes of mice bearing B16 melanoma. Statistical significance levels on differences were determined by Student's t-test (two-tailed; two sample with unequal variance; \* $p < 0.01$ ).

kg for HASE and 95 mg/kg for DTIC. These data suggest that DTIC and HASE produce similar toxicities on mice (Table 2).

## Discussion

Research on, and anticancer evaluation of hybrid compounds (agents which combine two molecules in one), such as modified (homo-aza-) steroids and carboxylic derivatives of *N,N*-bis(2-chloroethyl) aniline, engaged this laboratory in earlier and later studies. Wall et al. [8] as well as Wampler and Catsoulacos [9] demonstrated that unmodified steroid alkylating esters were inactive in the treatment of L1210 and P388 murine leukemias, while the respective homo-aza-steroid esters showed excellent antileukemic activity. In the present study HASE produced relatively equal toxicity compared with DTIC, where-



**Figure 3.** Survival curves of mice bearing B16 melanoma. The percent lifespan increases of treated (T) to untreated (C) mice were:  $T/C_{DTIC}$ : 143 and  $T/C_{HASE}$ : 167 ( $p < 0.001$ ). Statistical significance levels were determined by Wilcoxon signed-rank test.

as displayed significantly higher antitumor activity than DTIC in the treatment of malignant melanoma in vitro and in vivo.

Based on the aforementioned primary data, several homo-aza-steroids were prepared and used as biological carriers for alkylating agents. The presence of the characteristic group  $-NHCO-$  of the homo-aza-steroid molecule was proven important, in order to lower acute toxicity and improve antitumor activity in cancer research [21,22]. Possibly, the anti-neoplastic effects of these steroid esters may be due to the multiple interactions of the  $-NHCO-$  group with similar groups or with structural specific domains which exist in DNA and proteins. Catsoulacos et al. [23] suggested that the  $-NHCO-$  lactam group is transformed by a metabolic process or at least by an enzymatically catalyzed reaction to active species which strongly interact with similar groups existing in the DNA and proteins ( $-NH-CO- \rightarrow -NH^{+} -C=O^{\ominus}$ ). Furthermore, modifications of the  $-NHCO-$  lactam group by NH methylation ( $-NCH_3CO-$ ) or by  $-CO-$  reduction led to derivatives with lower anticancer activity than that of the parent compounds [23-25].

In early studies on the action mechanisms of amino and aza-steroids it was presumed that these compounds act due to a more fundamental mode than on sterol metabolism alone, interfering with mitochondrial respiration and/or oxidative phosphorylation [26]. As it was indicated by later studies, the lactam ring of the aza-steroids can react as antagonist or agonist by its binding to certain cellular enzymes in a way similar with the indo-benzo- or other steroid lactams which effect on protein kinase C (PKC) enzymes with a relative specificity [27-29].

Although epidemiological data clearly show a survival benefit for female patients with metastatic melanoma, the mechanism of influence of sex steroid hormones on the biological behavior of human melanoma still remains a controversial issue. In general, independently of the percentage of tumor positivity to steroid receptors, malignant melanoma is considered as a hormone-independent tumor [30]. Phase II trials showed that the clinical course of advanced malignant melanoma was indifferent to competitive and additive endocrine treatment [31]. It is suggested that the apparent binding capacity of sex steroids in human melanoma tissues is the result of interactions other than with the respective steroid receptors [32,33]. Moreover, it was demonstrated that dehydroepiandrosterone (an important androgen metabolite) upregulates the activity of PKC in B16 melanoma [34]. On the other hand, the homo-aza-steroid derivatives of androgens or estrogens do not bind to

respective receptors and their activity is independent of the existence of intracellular steroid receptors on target tissues, while the D-lactam derivative of estrone acts neither synergistically nor antagonistically to tamoxifen [6,35].

The exact molecular mechanism of action of homo aza-steroid alkylators is still unknown. The alkylating component of these esters effects via the same biochemical pathway of other bifunctional alkylating mustards [36]. It is believed that these compounds can generate high intracellular concentrations due to the lipophilic nature of the steroid carrier. It has been reported for other steroid alkylators that a rate-limiting hydrolysis of the ester bond liberates the two active moieties (one steroid and one alkylating) into the cellular microenvironment [37]. As it has been reported, the stereoisomeric form and chemical structure of the steroid lactams and of alkylating components determine the antileukemic effect of these compounds [22,38-40]. Our antitumor agent screening studies showed that the alkylator p-bis(2-chloroethyl)aminophenoxy acetic acid (CAPOA), is one of the most potent cytotoxic components. In this study, the homo-aza-steroid ester of CAPOA was proven significantly effective against malignant melanoma and clearly superior to DTIC, both in vitro and in vivo.

DTIC actually functions as an alkylating agent. It is active against a broad spectrum of murine solid and ascitic tumors, but its clinical effectiveness is limited to Hodgkin's disease, malignant melanoma, and soft tissue sarcomas. DTIC exerts its alkylating properties by means of hepatic microsomal mediated activation [41]. Indeed, as it was shown in our results, the cytostatic and cytotoxic activity of DTIC was over-duplicated with the microsomal assay. Intriguing was the significant increment of cytostatic and cytotoxic effect of HASE in the presence of microsomal S9 fraction. This is consistent with the findings for other substituted aniline mustards and could be related to a double mechanism of drug action: (I) a direct nucleophilic reaction with DNA via aziridinium intermediate product of the mustard, and (II) epoxidation of the benzene ring by the microsomes with a subsequent attack on the DNA [13,42]. Comparative studies on the antineoplastic activity of homo-aza-steroid esters against experimental systems with alkylating agents used in current chemotherapy, such as mephalan, chlorambucil, cyclophosphamide, mechlorethamine, thioTEPA and mitomycin C, showed that the tested homo-aza-steroid esters hold a superior or leastwise an equal anticancer activity [3,43].

Malignant metastatic melanoma is a tumor with very poor prognosis. Though biologic and immune ther-

apies have shown promising results, effective cytotoxic therapies are further searched for. Thus, we believe that HASE might be a considerable candidate for the treatment of human malignant melanoma.

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